

Association for the Relief of Aged Women
Minutes of the Regular Monthly Meeting – August 8.2019

President Susan Rothschild called the meeting to order at 9:30 AM.

Members in Attendance: Bachman, Beaton, Beaulieu, Brooke, Doyle, Fox, LaFlamme, O'Connell, Pearl, Pinarreta, Rothschild, Saber, Whipple

Executive Director Clare Healy Foley was also present.

Members Absent: Ellis, Melo, Stankiewicz

August Reflection: Rosemary read a quote by Barbara Brown Taylor, Episcopal priest: "Wisdom is not gained by knowing what is right. Wisdom is gained by practicing what is right, and noticing what happens when that practice succeeds and when it fails."

Report of the Clerk: The minutes of the July 11, 2019 meeting were approved as written. SO VOTED.

Report of the President: President Rothschild reported:

1. After 18 years of service 9 as an outreach worker at FCOA and 9 on the ARAW board, Jean Silver has resigned as a board member. A thank you letter has been written for all to sign. A gift and a certificate of appreciation will be given to Jean.
2. Two book recommendations for board members:
 - a. Elderhood by Louise Aronson
 - b. The Checklist Manifesto: How to Get Things Right by Atul Gawande
3. Thumb drives available today for all to store ARAW data currently on home computers
4. Have now aligned salaries with fiscal year. Will look at aligning grants with fiscal year, too.

Report of the Executive Director: In addition to the information in the monthly packet, Executive Director Healy Foley reported:

1. Credit card now in Clare's and Jeannette's names
2. Clare now signing checks

3. Office has been physically reorganized to clear up some space
4. Appreciation board has been added to display thank you notes received
5. Open office door policy when in attendance with new door alert
6. Copier contract clarification with pay for printing each copy
7. Three grantee updates to be reviewed at next Grant Committee meeting:
 - a. GNBHC – proposal for additional funding has requested increased funding and hours
 - b. Coastline relationship – perceived issues. Clare met and air cleared
 - c. IAC – Clare met with frontline staff concerning purpose of grant. Since meeting, have received two beneficiary applications (one qualified).
8. Monthly activity sheet for grantees
 - a. Looking at census for each grantee
 - b. Annual reviews
9. Analyzing current stipends
10. Working on office operations. Setting up checklists
11. Brochures, sticker and board member cards available today

Report of the Finance Committee: Treasurer Doyle reported:

1. Two months of high accounting bills. Rationale given: no bills received during busy tax season and additionally, charges for audit that was performed.
2. September 17th Jason Hantman to meet with Finance Committee for update. All welcome to attend.

A motion was made to accept the July 2019 financials as written. SO VOTED

Report of the Beneficiary Committee: Chair Beaulieu reported:

1. Recommendation to retroactively revise beneficiary numbers so year range comes first, for ease of reporting. SO VOTED
2. Jean Silver will continue as SHINE counselor. Recommendation to invite Jean to stay involved with ARAW as a consultant to the Beneficiary Committee. SO VOTED
3. J. Lyonnais, age 88 ACOA #19-20/12 approved demand response tickets (10 rides/\$25 book), Yellow cab for 2-4 MD appts/month. SO VOTED
4. A. Crowley, age 95 FCOA #19-20/13 approved cable at current rate with normal increases. SO VOTED

5. M. Fragata, age 84 FCOA #15-16/05 approved EPERS fall detector, one-time gift CPAP sanitizing machine up to \$350. SO VOTED
6. L. Estrella, age 70 ACOA approved one-time gift \$400 to bankruptcy court.
7. R. Polek, age 68 NBCOA #19-20/05 approved one-time gift reimburse car repair bill \$1,108.32. SO VOTED
8. S. Eleuterio, age 82 WCOA #19-20/14 approved ongoing monthly insurance premium. SO VOTED
9. L. Rioux, age 83 WCOA #11-12/07 approved up to 3 months or until Mass Health reactivated personal hygiene products up to \$415.
10. C. Rogerson, age 69 NBCOA approved living alone exception one-time gift car insurance \$1,828. SO VOTED
11. J. Monteith, age 79 NBCOA #14-15/05 approved cable at current rate with normal increase. SO VOTED
12. D. Greenwood, age 90 FCOA #16-17/04 approved laundry service up to \$50/month, one-time gift Lock box for EPERS thru Next. SO VOTED
13. G. Drayton, age 72 FCOA #18-19/10 approved one-time gift pay off Macy's credit card \$204. SO VOTED
14. A. Barbosa, age 87 GNBCHC #19-20/15 approved ongoing 6 books for bus passes for transportation on demand response (\$150/month). SO VOTED
15. I. Alves, age 91 FCOA #17-18/11 approved one-time gift glasses and exam \$285. SO VOTED

Report of Governance Committee: Chair Brooke reported:

1. Board retreat scheduled for October 10, 2019 from 9am to 4pm at the Wamsutta Club. Please RSVP to the office.
2. Consultants have met with some board members, Clare, some other partners and had a focus group with COA workers.

Report of the Grants Committee: Chair Stankiewicz absent. Clare reported:

1. Monthly report document for COA's has been amended.
2. Working on revisions to grants and grant application process.
3. Grants Committee meeting in August. Date TBA.

Report of the Membership Committee: Chair Saber reported:
Brought forth as a recommendation of the committee a new board member, Pamela McKnight who met with Susan and multiple board members and are all in favor of her membership. Recommendation to invite Pamela McKnight to join the Board. SO VOTED

Report of the Outreach Committee: Chair O'Connell reported:

1. Brochure has been updated. Multiple copies given to all to be distributed as needed.
2. ARAW calling cards distributed to Board members without names. Space to write in name as desire.
3. Next Outreach Committee meeting scheduled for Aug 26th at 9:30am.

Visitor Reports: Chair Bachman report:

July Visitor Reports: Maria Pinarreta, Mary Ellis – read by Gale, Debbie Brooke, Gretchen Whipple

Visiting in August: Shannon Bachman, Ann Fox, Rosemary Saber

There being no further business the meeting was adjourned at 12pm.

Respectfully submitted,



Gale Beaton, Clerk

Next Regular Monthly Meeting: September 12, 2019 at 9:30 AM
Optional social time 9:00 AM