



JULY 2020



GOING WITH THE FLO

The Friendship Lunches & Outings Program (FLO) is going to look a little different for a little while longer...

Just as we were about to launch the ARAW Friendship Lunches & Outings Program (FLO), Covid-19 became an epidemic and stay-at-home orders changed the world around us. As things begin to slowly reopen, we are back in the office wearing masks and social-distancing.

But... WE MISS YOU!

Please remember we are available by phone to offer support.

Group social outings through the ARAW FLO program will remain on hold for the time being. Some restaurants and other venues in the community are slowly starting to open per the Governor's plan and following city and town regulations. Recently reopened to the public are various restaurants with outdoor seating, some retail stores and the Buttonwood Park Zoo - by reservation only with tickets prepaid online. If you begin to venture out on your own, or with friends, please be sure to follow current protocols that are in place for *your* safety. The ARAW FLO program may be able to assist with transportation as you head out for "on your own" socialization. Give us a call!

We are hopeful that protocols become relaxed enough for us to plan a safe FLO outing in the fall.

Though our ARAW board members are not able to come into your home just now, we are reaching out in friendship through social visits by phone.

If you have not been contacted for a social visit by phone and would enjoy a call, please let us know!



Call us if you are interested in a visit to the Buttonwood Park Zoo
(508) 717-0400



The NBSO, museums and theaters are offering online entertainment. Do you have a computer? Call us if you are interested in what's offered this week.



DID YOU KNOW?

You can pick up books curbside and get books delivered to your Kindle or tablet from the library?



CALL YOUR LOCAL LIBRARY TODAY!

Medical transportation may be available through your local COA, and as of this writing, SRTA Demand Response and regular bus service are available for no cost.



If we can do anything to make these difficult and unusual times better for you in some way, please let us know. We are here for you. (508) 717-0400

Contact your local COA or Coastline at (508) 999-6400 for more information about your 2020 Farmers' Market coupons.



Don't make us ask,



please wear your mask.

Do you need a mask? Just ask!

COUNCILS ON AGING

Local councils on aging are still hard at work keeping you connected. Many of the COAs are still publishing monthly newsletters and posting information on their websites and Facebook. Some are offering pre-recorded fitness classes on local public access cable channels and YouTube. If you do not have internet access, call your local COA for up to date information on programming.

ACUSHNET

508-998-0280

acushnet.ma.us/council-on-aging

DARTMOUTH

508-999-4717

town.dartmouth.ma.us/council-aging

FAIRHAVEN

508-979-4081

fairhaven-ma-gov/council-aging

NEW BEDFORD

508-991-6250

newbedford-ma.gov/community-services/divisions/council-aging

WESTPORT

508-636-1026

westport-ma.com/council-aging

IMMIGRANT'S ASSISTANCE CENTER

508-996-8813

immigrantsassistancecenter.org