

JUNE 2021



GOING WITH THE FLO

Friendship Lunches & Outings (FLO)
Newsletter

THANK YOU

to all the May participants of the Creative Care program
presented by New Bedford Art Museum/ArtWorks! (NBAM)
through a grant from the ARAW.

For five weeks, participants received art kits with projects to complete in their leisure time. Projects included kits with clay sculpture, watercolor painting, oil painting and printmaking.

If you participated, we would appreciate your feedback!

Additional ARAW grant funded programs through NBAM and other community partners will be coming soon! Stay tuned...



THURSDAY, JUNE 10TH is AHA!
FREE events for YOU!

Rotch Jones Duff House & Garden Museum

5:30 pm- 7 pm free visit, brief guided tours and refreshments.
No reservations needed.

New Bedford Art Museum

10 am – 4 pm with reserved time admission

New Bedford Whaling Museum

10 am – 4 pm with reserved time admission

Gallery X

5 pm – 8 pm Kaleidoscope: Art Through Your Eyes
A showcase and sale of the work of local LGBTQ+ artists

New Bedford Public Library

3 pm - 6pm Take & Make Tissue Paper Paint Kits
Stop by pick up your take home Tissue Paper Paint Kit.
Great for all ages – while supplies last.

START OF SUMMER SUNDAE GIVEAWAY!

25 gift cards for a sundae will be given away to celebrate the Summer Solstice... sundaes from either Acushnet Creamery (can be used at their location on Main Street in Acushnet or at the Pier 3 location on MacArthur Drive) or Dockside in Padanaram Village.

YUM! Choose from over 20 flavors of homemade ice cream, including sugar free, sherbet and sorbet – don't forget the sundae toppings!

Gift cards may be used toward any menu item

Winners will be chosen by random drawing on June 21st

Call (508) 717-0400 to be entered in the FREE raffle!



Health and Wellness

Outdoor Summer Farmers' Markets
begin on June 3rd and run through October

**New Bedford Markets participate in SNAP & HIP
Buttonwood Park (behind the Lawler Library)**

Thursdays | 2 - 6 pm

Clasky Common

Fridays (day change!) | 2 - 6 pm

Brooklawn Park

Mondays | 2 - 6 pm



Dartmouth Markets participate in SNAP & HIP



St. Mary's Parish Center Lawn

Fridays | 1 - 6 pm

Fairhaven Market participates in SNAP & HIP

J. H. Beaulieu Farm, 151 Alden Rd

Sundays | 11 am - 3 pm



Westport Market participates in SNAP

Westport Town Hall Annex, 816 Main Rd

Saturdays | 9am-1pm



FLO LUNCHEON

at the Wamsutta Club

Wednesday, June 23

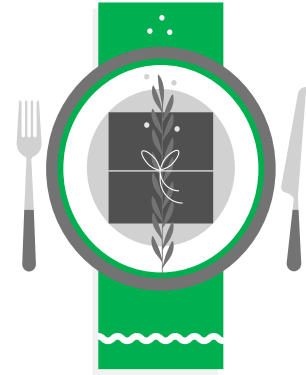
12:30 pm

Limit of 5 guests

INTERESTED?

Call Sharon

508-717-0400



*Attendees will be chosen by lottery.
Vaccine verification form must be complete*



COVID-19 Vaccine Verification Form

Keeping you safe.

ARAW protocols require disclosure of your vaccination status prior to attending FLO socials or receiving in person visits from ARAW based Beneficiary Advocates.

At this time, only those fully vaccinated will attend FLO socials. If you have chosen not to be vaccinated or have a barrier to receiving a vaccination, and a visit by a Beneficiary Advocate is needed to complete a request for assistance that cannot be done by phone, then all established safety protocols must be followed.

Completion of the form, enclosed in this mailing, will be required in all circumstances that require in person contact.

You may complete this form and mail it back (ARAW, 432 County Street, New Bedford 02740) or hold and present the form when needed.

All ARAW office staff are fully vaccinated.

**Please call with
any questions (508) 717-0400**

REFER A FRIEND!

for direct support and for the FLO
(Friendship Lunches & Outings) program.



For more information contact Sharon or Patricia at

(508) 717-0400

The **FLO** program (**F**riendship **L**unches and **O**utings) is a program for socialization and group outings for women who meet ARAW eligibility guidelines

- ✓ Active ARAW beneficiaries are automatically enrolled and will receive the monthly *GOING WITH THE FLO* newsletter.
- ✓ Women in the community who meet the ARAW eligibility guidelines may enroll in the FLO Program as a stand-alone program.