

## September 2022

#### **GOING WITH THE FLO**

Friendship Lunches & Outings (FLO)
Newsletter



## **Thank YOU!**

Almost 150 of you took the time to share your thoughts with us through the survey we sent last month. We were *so happy* to hear from you!

Congratulations to Dorothy G.

winner of the CASH PRIZE Drawing!

# Join a Wind Trio from







### Thursday, September 22<sup>nd</sup> | at the Wamsutta Club

**12:15 pm to 1 pm**Enjoy pre-lunch concert & interaction with the musicians

1 pm to 2:30 pm Enjoy lunch with ARAW friends!

To register | (508) 717-0400 | Limited Space | Participants by lottery
TRANSPORTATION AVAILABLE | HANDICAP ACCESSIBLE | DIETARY RESTRICTIONS ACCOMMODATED



# Help us name our new ARAW SEAGULL MASCOT!

Since we moved into our new office Jenny, our Office Administrator, has had a daily visitor who is constantly weighing in on her every move, as you can see in the photo. He is VERY outspoken and persistent.

So... what could we do? We have officially welcomed him to the ARAW family...but he now needs a name. Will you help us?

Tell us your idea for a fitting name for ARAW's new seagull friend.



email admin@arawofnb.org or mail:

☐ 174 Union Street, Unit 4W, New Bedford, MA 02740

We will share the top entries in the next newsletter and there will be GIFT CARD prizes for the top entries.

#### **THANK YOU** TO LAURA AND LAURA FROM



**NEW BEDFORD FISHING** HERITAGE CENTER

We had such a fun, informative, and delicious Lunch & Learn with you at the Wamsutta Club!

We can't wait to learn more and to share our stories!



For more information about the **New Bedford Fishing Heritage Center** call (508) 993-8894



**ENTER TO WIN TWO TICKETS TO** ONE OF THE ZEITERION'S MOST POPULAR SHOWS....

Doo Wop is Back!!! 3 pm on October 16th at the Z



Call (508) 717-0400 to enter the **FREE RAFFLE** 

> **WE HAVE 5 SETS** OF 2 TICKETS AVAILABLE.

> > Drawing on 10/3



11:00 am - 5:00 pm at Pier 3

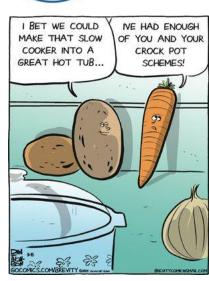
Shuttle rides from The Whale's Tooth Parking Lot provided by SRTA from 11 am - 5 pm

FREE RAFFLE!!!

Call (508) 717-0400 to enter

**WE HAVE 10 SETS** OF 2 TICKETS AVAILABLE.

Drawing on 10/3







# **OUTREACH PROGRAM**

The New Bedford Police Department, in collaboration with ARAW, is seeking referrals regarding our Elderly Outreach Program. One day a week from 4 p.m. until 7 p.m., 2 officers will go out into the city and visit a woman living alone to check up on them and to see what resources we may be able to offer them.

Our program started a few weeks ago and we've already received amazing feedback!

We are looking for women 65+ with low income who live alone. If you have a referral, please contact Holly Huntoon at holly.huntoon@newbedfordpd.com

or ARAW (508) 717-0400 for more information



# Doesn't everyone love Pie?



Please join us for a Pie Social. Homemade pies with ice cream & mulled cider

Place: Silverbrook Farm

592 Chase Road

Date: October 6, 2022

Time: 2:00 PM

Transportation available. Call Andy 508.556.4004 Event only for Dartmouth & Westport ARAW members

# FREE

# INDOOR/OUTDOOR ART CLASSES

Join New Bedford Art Museum/ArtWorks! for indoor and outdoor art classes! We will explore different art mediums including drawing from life, watercolor, block printing, charcoal and pastel! Embrace the beauty of the landscape and explore the benefits of artmaking all around you!

Dates: Tuesdays October 4, 11, 18, 25, November 1.

Time: 11:00AM - 1:00PM Location: TBD - stay tuned!

Price: FREE! (Snacks and drinks also provided).

Contact: Registration required. Please call the ARAW office at 508-717-0400.







Creative Care is an art program for seniors presented by the New Bedford Art Museum/ArtWorks!.

This class is made possible through a grant provided by the Association for the Relief of Aged Women.









**Chamber Series...** 

#### **LUSTRE: SEPTEMBER 24TH AND 25TH. 2022**

Saturday performance at 4PM

St. Gabriel's Episcopal Church | 124 Front Street | Marion, MA Sunday performance at 4PM

St. Peter's Episcopal Church | 351 Elm Street | Dartmouth, MA

#### **BENEDICTION: NOVEMBER 26TH AND 27TH, 2022**

#### Saturday performance at 4PM

St. Gabriel's Episcopal Church | 124 Front Street | Marion, MA

Sunday performance at 4PM

St. Peter's Episcopal Church | 351 Elm Street | Dartmouth, MA

#### NBSO CONCERT AT ZEITERION THEATRE, NEW BEDFORD, MA

Saturday October 1st, 7:30PM

American Dream

Saturday October 29th, 7:30PM

Yaniv Plays Brahms

Sunday December 11th, 3:30 and 7PM

Holiday Pops



#### Join us for Upcoming Events at the New Bedford Fishing Heritage Center!

#### September AHA! Night: Fishboats: Art of the Industry Gallery Opening



#### Thursday, September 8, 2022 from 5:00 to 8:00 PM

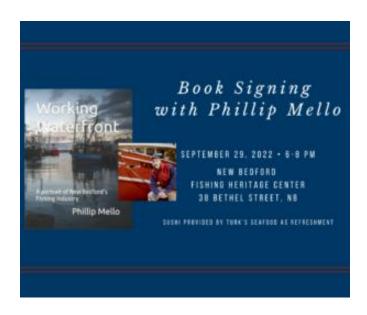
Join us for the opening of our next exhibit, "Fishboats: Art of the Industry"! The exhibit focuses on artistic renderings of boats in different media (paintings, photographs, wood carvings, and more) made by people who are involved with the commercial fishing industry. There will also be a demonstration with remote-controlled lobster boat models, and as always, the Center is open free of charge for you to see!

#### **Book Signing with Phillip Mello**

# Thursday, September 29, 2022 from 6:00 to 8:00 PM

Renowned New Bedford photographer, former General Manager at Bergie's Seafood, and previously Chairman of the Center's board, Phillip Mello will be at the Center on September 29th signing copies of his new book "Working Waterfront: A Portrait of New Bedford's Fishing Industry."

Bring your copy of the book if you've already bought it, or purchase a copy day-of. We will have plenty of copies of this fascinating book full of Phil's gorgeous photography!



In addition, Turk's Seafood will be providing delicious sushi to snack on for the event.

Join us or visit during regular business hours: Thursday – Sunday 10:00 to 4:00

38 Bethel Street, New Bedford

508-993-8894 www.fishingheritagecenter.org



# AFFORDABLE CONNECTIVITY PROGRAM

#### WHAT IS IT?

The Affordable Connectivity Program is an FCC program that helps connect families and households struggling to afford internet service.

#### The benefit provides:

- Up to \$30/month discount for internet service;
- Up to \$75/month discount for households on qualifying Tribal lands; and
- A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider.

#### WHO IS ELIGIBLE?

A household is eligible for the Affordable Connectivity Program if the household income is at or below 200% of the Federal Poverty Guidelines, or if a member of the household meets at least one of the criteria below:

- Participates in any of the following assistance programs: SNAP, Medicaid, Federal Public Housing Assistance, Veterans Pension or Survivor Benefits, SSI, WIC, or Lifeline;
- Participates in any of the following Tribal specific programs:
   Bureau of Indian Affairs General Assistance, Tribal
   TANF, Food Distribution Program on Indian Reservations, or Tribal Head Start (income based);
- Participates in the Free and Reduced-Price School Lunch Program or the School Breakfast Program, including through the USDA Community Eligibility Provision;
- Received a Federal Pell Grant during the current award year; or
- Meets the eligibility criteria for a participating broadband provider's existing low-income internet program.

#### TWO STEPS TO ENROLL

1

Go to **AffordableConnectivity.gov**to submit an application or
print a mail-in application

2

Contact your preferred participating provider to select an eligible plan and have the discount applied to your bill.

Some providers may have an alternative application that they will ask you to complete.

Eligible households must <u>both</u> apply for the program <u>and</u> contact a participating provider to select a service plan.

#### **LEARN MORE**



Call 877-384-2575, or



Visit fcc.gov/acp

