

ARAW

The Association for the Relief of Aged Women of New Bedford

The Association's mission is **"to furnish financial assistance, provide friendship and promote the welfare and relief of low-income elderly women."**

One of the founders and the first President, Rachel Howland, organized this benevolent private foundation in 1866. Over the course of more than 150 years, ARAW has provided assistance, relief and friendship to thousands of elderly women.

"women helping women"

Today, led by volunteer board members and a small staff, the Association directly supports the individual financial needs of over 200 women.

"not alms alone, but a friend"

The Association's founding motto prevails as the core of what makes the Association's work so compelling and compassionate.

In addition to providing financial support, ARAW board members get to know beneficiaries and form lasting friendships.

The ARAW operates under the General Laws of Massachusetts as a private non-profit 501©(3) charitable organization.

COMMUNITIES SERVED

Acushnet
Dartmouth
Fairhaven
New Bedford
Westport

ELIGIBILITY GUIDELINES

AGE:

Reoccurring support and one-time assistance considered for those age 65+

RESIDENCY:

Over five years in service area
Preference to women living alone

INCOME:

Monthly income under \$1,800
(with subsidized housing)
Monthly income under \$2,500
(non-subsidized housing)
Liquid assets under \$10,000
(excluding home and auto)

REFERRALS

ARAW staff welcomes inquiries by phone 508-717-0400 or by email admin@arawofnb.org.

PLEASE NOTE:

Formal applications are completed, in the home, by advocates from ARAW or partnering social service organizations.

VISION

Elderly women in our community will live well and with dignity.

MISSION

We furnish financial assistance, provide friendship, and promote the welfare and relief of low-income elderly women.

We do this by:

Investing in and collaborating with our community partners to identify and address women's unmet needs.

Meeting our beneficiaries' needs through one time, intermittent or ongoing financial support.

Providing friendship to women through social visits.

SUPPORT

ARAW directly supports individual women as well as programs within our service area.

The Association's primary purpose is to improve the quality of life for elderly women. Direct financial support decisions are made monthly by taking each individual's circumstance and specific need into consideration.

We speak Spanish!



COMMUNITY PARTNERS

Buzzards Bay Area Habitat for Humanity
Buzzards Bay Coalition
Cape Verdean Association in New Bedford
Coastal Foodshed, Inc.
Coastal Neighbors Network
Community Nurse
Fairhaven Council on Aging
New Bedford Art Museum
New Bedford Fishing Heritage Center
New Bedford Symphony Orchestra
New Bedford Whaling Museum
PACE
South Coast LGBTQ+ Network, Inc.
South Coastal Counties Legal Services
Westport Council on Aging
Women's Fund SouthCoast
YMCA Southcoast
YWCA Southeastern Massachusetts
Zeiterion Performing Arts Center

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ARAW STAFF

CONTACT INFORMATION

Executive Director

Clare Healy Foley

Director of Data, Administration & Quality Assurance

Jenny Valentine

Beneficiary Advocate

Heidy Olivero

Phone: 508-717-0400
www.arawofnb.org
admin@arawofnb.org

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Relief of Aged Women
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New Bedford, MA 02740
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