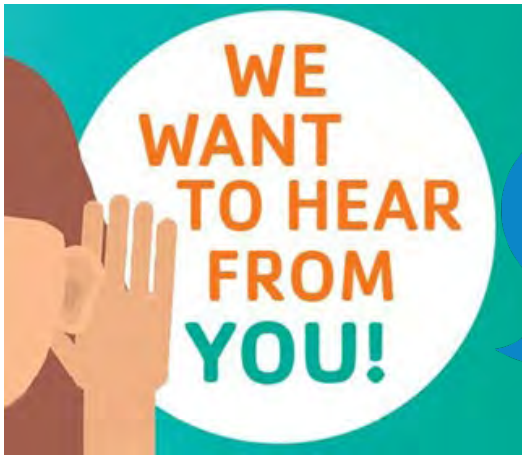




April 2026



ARAW's Going with the FLO Newsletter
Friendship | Lunches | Outings



EXPENSE MANAGEMENT TIPS

How to Save Money on Gas



1

Shop around.

2

Combine your errands.

3

Take advantage of cash-back apps.



4

Use that cruise control.

5

Keep your tires inflated.

6

Ditch the extra weight.



7

Join gas rewards programs.

8

Join a warehouse membership.

9

Stop buying premium.

10

Pay with cash.

11

Fill up on Monday.

12

Turn off your car while waiting.



WELCOME
Spring
Luncheon

Wednesday, April 29th | at the Wamsutta Club

12:30 pm to 2:30 pm

To register | (508) 717-0400 | Wamsutta Club

TRANSPORTATION AVAILABLE | HANDICAP ACCESSIBLE | DIETARY RESTRICTIONS ACCOMMODATED

FYI FOR YOUR INFORMATION

ARAW OFFICE CLOSED.
APRIL 20, 2026
FOR PATRIOTS DAY.

Avoid using items that pose a risk of falling, such as stools or long vacuum cords. Instead, try extendable tools like dusters and squeegees. They make reaching out-of-reach corners and windows easy.

Also, a cordless vacuum or one with a retract button ensures you don't need to wrap the cord yourself.

Is your medicine cabinet bursting with prescription and over-the-counter drugs, first aid materials, or random things that make you wonder how they got there in the first place?

Now is the best time to tackle that cabinet!



spring cleaning

getting rid of household clutter



A good rule of thumb: If you haven't used it in the last 12 months, you should get rid of it. That includes anything you own, from clothing to home decor, bedding, and personal care products.

HUMMINGBIRD ARRIVAL FORECAST

MAY 1-15

APRIL 15-30

APRIL 1-15

MARCH 15-30

MARCH 1-15

Get ready...
they're coming!

Enter to win one of 3
hummingbird feeders

FREE to enter
call (508) 717-0400



Monday, April 13th

12:30 pm – 2:30 pm

Join us at Rotch Jones Duff House & Garden Museum Enjoy tea, scones, tea sandwiches and sweets in the historic double parlors of the mansion.

Limited space call to register

(508) 717-0400

If you registered for February date you are already on the list!



**Not alms alone,
but a friend.**

This is one of ARAW's founding values.

Friendship Program...

If you are interested in being paired
with a new ARAW friend, please let us know!

Call (508) 717-0400

or email admin@arawofnb.org



Please,
DON'T FORGET
to
FILL OUT
the survey!



don't forget!



ARAW wants to hear from YOU...

Dear Friends, ARAW is a private foundation founded in 1866 and
ARAW exists solely to support women like you!



Please take a few minutes to answer these questions and let us know how we are doing.

Please answer honestly. Your opinion is important.

THANK YOU!

**EVERYONE WHO COMPLETES A SURVEY, AND CHOOSES TO SUBMIT THEIR NAME,
WILL AUTOMATICALLY BE ENTERED IN A RAFFLE FOR A \$50 CASH PRIZE!**

Briefly describe the role ARAW plays in your life:
What support provided by ARAW has made the biggest difference for you?
What are the most pressing needs you are currently facing that ARAW is not addressing?

Check all that apply	ARAW's Website	Newspaper Article	
I would be willing to share a testimonial for			
I would be willing to share my photo for			
I would be willing to be interviewed for			
Comment:			
Do you agree or disagree with the following general sentences:	Agree	Disagree	No opinion
I know people in my community that I can count on.			
I have access to affordable, desirable or safe housing.			
I have access to affordable, desirable or nutritious food.			
I have reliable transportation for health care appointments.			

When a specific need arises or I am faced with a challenge:	YES	NO	Unsure
I know who to call for what			
I can count on community agencies & organizations to follow through			
Community agencies & organizations have helped solve my problems			
Comment:			

If you <i>have participated</i> in a lunch in the last year, were they:	YES	NO	Don't remember
Enjoyable?			
Well run?			
Would you be interested in a group outing?			
What did you like and what could have made the program better?			

ARAW partners with organizations in the community. Please let us know which partners you are interested in learning more about or are interested in activities they may offer:

- | | |
|---|--|
| ☐ Buzzards Bay Area Habitat for Humanity | ☐ New Bedford Symphony Orchestra |
| ☐ Buzzards Bay Coalition | ☐ New Bedford Whaling Museum |
| ☐ Cape Verdean Association in New Bedford | ☐ PACE |
| ☐ Community Economic Development Center (CEDC) | ☐ SHARE Foundation |
| ☐ Coastal Foodshed | ☐ South Coast LGBTQ+ Network |
| ☐ Coastal Neighbors | ☐ South Coastal Counties Legal Services |
| ☐ Community Nurse | ☐ Westport Council on Aging |
| ☐ Dartmouth council on Aging | ☐ Women's Fund SouthCoast |
| ☐ Fairhaven Council on Aging | ☐ YWCA Southeastern MA |
| ☐ New Bedford Fishing Heritage Center | ☐ Zeiterion Performing Arts Center |

ARAW mails out a <i>Going with the FLO</i> newsletter every month.	YES	NO	No opinion
Do you look forward to receiving the newsletter?			
Do you find the contents relevant?			
Would you be interested in receiving your newsletter by email?			
Do you feel you learn things from the newsletter?			

Any other comments about the newsletter?

What moments, people, events or activities bring you joy and make you smile the most?

Tell us something that is worrying you and keeps you up at night.

As you look to the year ahead, what are you *excited* about?

If money and resources were no object, what is the biggest dream you have for yourself, your family or your community?

Is there anything else you would like to share with us?

THANK YOU FOR SHARING!!

EVERYONE WHO COMPLETES A SURVEY, AND CHOOSES TO SUBMIT THEIR NAME,
WILL AUTOMATICALLY BE ENTERED IN A RAFFLE FOR A \$50 CASH PRIZE!

Please enter me in the raffle! My name is:

Please know that sharing your name is completely optional.



**new bedford
whaling museum**

ART. HISTORY. SCIENCE. CULTURE.

Free Exhibit Tour!

"Look pleasant, please": Early Portrait Photography in New Bedford



**Thursday, April 16
10:30 am**



Visit the Whaling Museum for a special guided tour of our current temporary exhibition exploring the history of portrait photography in New Bedford!

Stay after the tour and enjoy complimentary tickets to explore the rest of the Museum, including the new exhibit: *Making Community: Connections and Divisions, 1820-1860*

RSVP to Victoria Hughes

vhughes@whalingmuseum.org or (508) 717-6886

Your place to relax,

recharge,

and restore.



Relax. Recharge. Restore

For Free Tickets – Call 508-999-6276 x222 or asmith@nbsymphony.org

Afternoon Chamber Music Concerts

Foursomes: Music of Brahms, Roustom, Liang, and Tucker

3pm, May 2 at St. Gabriel's Episcopal Church, 124 Front Street, Marion

3pm, May 3 at St. Peter's Episcopal Church, 351 Elm Street, South Dartmouth

Symphony Concerts – At the NEW Z!!

The Human Element: Music of Brahms, Camilo, and Mazzoli

April 18 at 7:30pm, The Zeiterion, 684 Purchase Street, New Bedford

A Joyous Sound: Music of Beethoven and da Silva

May 16 at 7:30pm, The Zeiterion, 684 Purchase Street, New Bedford

For concert details, visit www.nbsymphony.org

Find your Joy and Serenity at the Symphony!



GROCERIES AND DELIVERY AT NO COST

Eligible participants are women aged 65 and older with low income residing in the Greater New Bedford area. Please refer to the guidelines below for more details.

INCOME:

Monthly income under \$1,800
(with subsidized housing)

Monthly income under \$2,500
(non-subsidized housing)

How to register:

Contact PACE at
foodcenter@paceinfo.org
or call 508-536-3773

This program is funded through
the Association of Relief for Aged
Women (ARAW)



**Women from New Bedford, Dartmouth, Marion, Rochester,
Mattapoisett, Fairhaven and Acushnet are eligible.**

30 YEARS



Buzzards Bay Area

Habitat for Humanity®

Ramp Donation Program

Are you in need of a ramp to enter your house?

Has your mobility recently changed?

Are you trying to come home from a rehabilitation facility?

We may be able to install a ramp for you at no cost!

You may qualify if you are:

✓ *Low-income*

✓ *In critical need of a ramp*

(Renters will need permission from landlord)

How does program work?

Habitat will install a metal ramp on your home. When the family no longer needs the ramp, it will be returned to Habitat for another family.



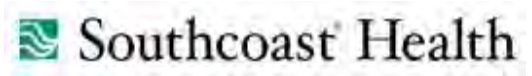
Please email the office at

BuzzardsBayAreaHabitat@yahoo.com

or call (508) 758-4517 to learn more about how this program may help your family!

We also accept ramp donations!

Program Supporters



This program is funded in part by the Executive Office of Aging & Independence and Coastline Elderly Services, the Area Agency on Aging, through Federal Title-III funds.

Strengthening Voices

Summer Sessions

Who Can Join:

- Women 65+ in the SouthCoast region who are interested in learning about how to use their voice for change.

About the Program:

- 4 luncheon sessions from June-September
- \$100 stipend per session
- At the Fairhaven Council on Aging



Benefits :

- Talk about the changes you want to see in your community
- Share your stories
- Learn how to write letters and speak to local leaders
- Imagine the future we want for our community



Interest Form Deadline :

4 May, 2026

Participants will be accepted on a first come, first serve basis.

How to Join:

Email, call, or mail an interest form to Audrey Straw.



508-219-6102 x 2



astraw@womensfundsouthcoast.org



628 Pleasant St, Suite 322,
New Bedford, MA 02740



STRENGTHENING VOICES SUMMER SESSIONS INTEREST FORM

Name _____

Phone _____

Email _____

Address _____

My preferred communication method is:

☐ Email ☐ Phone Call

DUE MAY 4, 2026



508-219-6102 x 2



astraw@womensfundsouthcoast.org



628 Pleasant St, Suite 322,
New Bedford, MA 02740

Please mail or email this form or call the Women's Fund SouthCoast to express your interest in this program.

Participants will be selected on a first come, first serve basis.



25+ Vendors

Health & Wellness Resources
Inclusive Support

Family Area

Face Painting
Crown Making
Pinwheel Crafts
Kids Games

Live Entertainment **DJ & Live Performances**

RAFFLES!

Nex Playground Console w/ 3 Month Subscription

10 Yoga Classes & Free Mat

Grocery Gift Cards

Special Mini Sessions!

**Where Neurodiversity & LGBTQ+ Identities Meet featuring Jacob Anderson
+ additional sessions**

Saturday April 4 | 10AM - 1PM

**Whaler's Inn
500 Hathway Rd.
New Bedford, MA**



www.sclgbtqnetwork.org



March AHA! Night: Ceremonies and Celebrations Event featuring Elizabeth Belanger, Miss Scallop Festival Queen 1961



Children were invited to decorate a sash and wear a tiara in celebration of the Scallop Festival.

Fun was had by all!



Later in the evening, Elizabeth Belanger spoke about her experience becoming the 1961 Scallop Festival Queen.

We are grateful to Elizabeth for her time and dedication to the event.



**New Bedford Fishing Heritage Center
38 Bethel ST New Bedford, MA 02740 (508) 994-8893
Open: Thursday – Saturday 10-4:00 www.fishingheritagecenter.org**

Upcoming Programs and Events at New Bedford Fishing Heritage Center

April AHA! Night: *Hauling Back* Showcase Thursday, April 9 | 6:00 PM | Free

Learn about *Hauling Back* Generational Fishing Family Project, which presents stories of multigenerational fishing families and businesses in New Bedford and along the South Coast, and watch four of the short films produced for the project.



April Dock-u-mentary: *Vintage Gloucester!* Friday, April 17 | 7:00 PM | Free NB Whaling Natl. Historical Park (33 William St)

Discover the history of Gloucester, Massachusetts' oldest commercial fishing port, through the decades. We'll be screening three short films, each highlighting the evolution of the commercial fishing community in Gloucester from the 1930s to the 1960s.

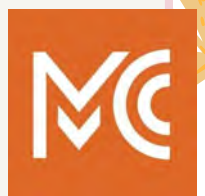


Go Fish April School Vacation Program Tuesday, April 21 – Friday, April 24 10:00 AM – 4:00 PM | Free

Join FHC and New Bedford Whaling National Historical Park for a series of free drop-in activities designed to teach local youth about the Port of New Bedford from whaling days to the present day fishing industry. Featured activities include storytelling, music, science demonstrations, arts and crafts, and opportunities to meet local fishermen.



New Bedford Fishing Heritage Center
38 Bethel Street, New Bedford, MA
Thursday – Saturday, 10 AM – 4 PM
(508) 993-8894 | fishingheritagecenter.org



FREE TICKETS TO SHOWS & CLASSES AT THE ZEITERION THEATRE!

Call ARAW at 508-717-0400 or The Z's Box Office at 508-994-2900 and let them know which offering you are most interested in and that you are an ARAW beneficiary **to claim your tickets! Funding for transportation can be provided upon request. Tickets are given away on a first call, first serve basis, so call today!**



Stagedoor Live! Reckless Son

Wednesday April 1 at The Z

6:30PM Resource Fair and Art Exhibit Opening in the Lobby

7:30PM Performance on Stage

Sit on stage with singer songwriter Matt Butler whose powerful combination of spoken word and song was inspired by performing in jails and prisons across the country. Come early to learn about local organizations addressing addiction and incarceration and view the exhibit created by local artists in C.R.E.A.T.E Recovery, [Positive Action Against Chemical Addiction](#) (PAACA)'s first fellowship for artists in recovery!



Stories of Recovery & Reentry and Community Narcan Training

Thursday April 2 6PM-7:30PM at The Z

Join us for stories of local people who have battled addiction or incarceration and returned to contribute positively to their community as politicians, small business owners, artists, teachers and more, moderated by The Z's Teen Ambassadors! Plus, meet singer songwriter Matt Butler and learn about the personal stories that inspired his show Reckless Son. Stay for [Fishing Partnership](#)'s 20-minute Narcan training to learn how to respond in an opioid emergency and save someone's life if you witness an overdose.



[Lift Us Up: The Remix](#)

Saturday April 4 1-2:30PM at Gallery X

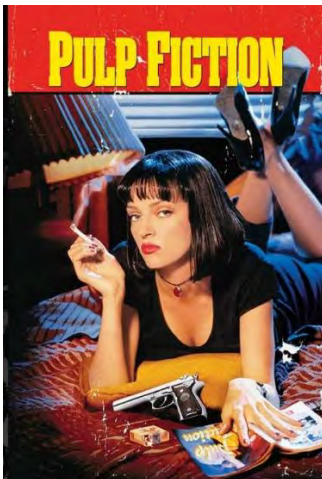
Enjoy an afternoon of poetic prose and symphonic sounds featuring Iva Brito, Hendrick Hernandez-Resto, Maia Livramento and Gabriel Johnson in collaboration with musicians from New Bedford Symphony Orchestra and Malian master drummer Sidy Maiga. This event celebrates the history of African Americans and other communities of color in greater New Bedford and beyond.



[Movie Mondays! Pulp Fiction](#)

Monday April 6 at 7PM at The Z

Vincent Vega (John Travolta) and Jules Winnfield (Samuel L. Jackson) star in this ultra-hip, multi-strand crime movie. Their storyline is interwoven with those of their boss, his actress wife, struggling boxer Butch Coolidge, master fixer Winston Wolfe and a nervous pair of armed robbers.



[AHA! Jazz Jam](#)

Thursday April 9 at 6PM at The Z

Calling all musicians, performing artists, music lovers and enthusiasts! Join multi-faceted musician and music educators Emmanuel “Manny” Escobar and Mwalim DaPhunkee Professor for a free, fun jam session during AHA! Nights in the Zeiterion’s Speakeasy, hosted by The Z’s Director of Education and Community, Blair Taylor. Grab your instruments and play – or just enjoy the live music and stories.



[Step Afrika!](#)

Friday April 10 at 8PM at The Z

Watch the world’s leading authority on the art form of stepping push the boundaries of stepping, combining percussive dance styles practiced by historically African American fraternities and sororities; traditional African dances; and contemporary dance with songs, stories, and humor to create an unforgettable, high energy show.



[HBCU College Fair](#)

April 11 from 10AM-2PM at New Bedford High

Bring your grandkids to The Z's 3rd annual HBCU College Fair to meet local alumni, learn about scholarship opportunities, and watch a halftime show! Free pizza provided by Dominos!



THE ZEITERION PRESENTS THE 3RD ANNUAL

HBCU COLLEGE FAIR

— FREE ADMISSION AND PIZZA! —

REGISTRATION IS REQUESTED. SCAN QR CODE BELOW.

SATURDAY, APRIL 11 • 10AM - 2PM

New Bedford High School's Gymnasium
230 Hathaway Blvd., New Bedford, MA

Connect with official representatives and local Historically Black Colleges and Universities (HBCU) alumni, learn about financial aid, scholarship opportunities, and immerse yourself in HBCU culture at our halftime step show!

Alumni will share their HBCU experience.

Howard University	Norfolk State University
Morgan State University	Alabama State University
Clayton University	Morehouse College

And more...

12:00PM STEP SHOW
featuring
The Southeastern Step Team
(Ready S.E.T. Step) from
Southeastern Regional Vocational
Technical High School

SPONSORED BY

SPREAD THE WORD & SIGN UP TO ATTEND!

QR CODE

[Julia Keefe Indigenous Big Band](#)

Saturday April 11 at 8PM

Listen to this powerhouse 9-piece ensemble of Native and Indigenous musicians performing pieces from Indigenous jazz pioneers and contemporary composers!



[Tour The Z](#)

Monday April 13 at 6PM

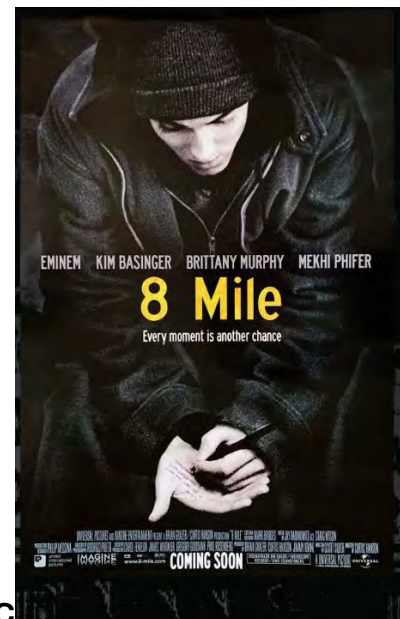
Tour all four floors of the newly renovated and lovingly restored Zeiterion Theatre, from the new Speakeasy in the basement to the movement studio on the third floor, and everything in between — including the state-of-the-art auditorium fully restored to its 1923 glory.



[Movie Mondays! 8 Mile](#)

Monday April 20 at 7PM

The people of Detroit know 8 Mile as the city limit, a border, a boundary. It is also a psychological dividing line that separates Jimmy Smith Jr. (Eminem) from where and who he wants to be. A provocative fictional examination of a critical week in Jimmy's life.



[The Pout-Pout Fish](#)

Tuesday April 21 at 10 or 12:30PM

Looking for something to do with the grandkids over April Vacation? Turn the poutiest of frowns upside down with this colorful musical adaptation of The New York Times bestselling children's book by Deborah Diesen. When Mr. Fish sets out on a quest to find Miss Clam's missing pearl, he discovers there is more to him than his permanently plastered pout. The sweeping oceanic adventure features whimsical puppets and live performers.



Stagedoor Live! Hot Club Cheese Roll

Thursday April 23 at 7:30PM

Listen to Hot Club Cheese Roll serve up a mix of jazz standards and contemporary hits in the style popularized by Django Reinhardt!



[Classic Albums Live: Fleetwood Mac Rumours](#)

Saturday April 25 at 8PM

Do you remember listening to an entire album? The thrill of dropping the needle on the greatest music ever recorded? Classic Albums Live does. The 1977 multi-platinum album *Rumours* became Fleetwood Mac's most celebrated album and one of the Top Ten best-selling albums of all time. See *Rumours* recreated live on stage by some of the best musicians performing today.



[Movie Mondays! The Seven Year Itch](#)

Monday April 27 at 2PM

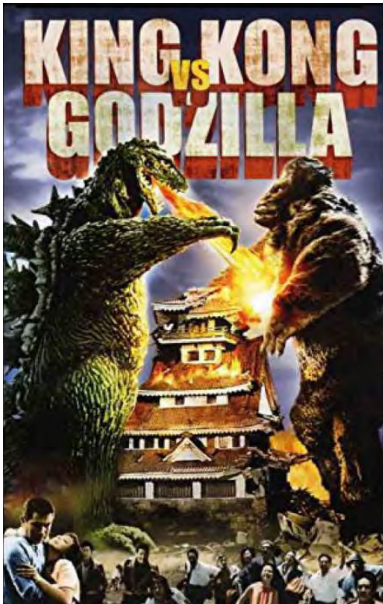
During a heat wave, New Yorker Richard Sherman (Tom Ewell) ships his wife, Helen (Evelyn Keyes), and their son off to Maine for vacation. Left alone to work in Manhattan, Richard encounters a gorgeous blonde model (Marilyn Monroe) who has moved into the apartment upstairs and becomes immediately infatuated. Will his fantasies about her become reality?



Movie Mondays! King Kong vs. Godzilla

Monday April 27 at 7PM

King Kong and Godzilla go head-to-head in an epic battle of the beast when the giant gorilla escapes from captivity in Japan and squares up to the recently thawed lizard.



Screendance Season 8

Wednesday April 29 at 7PM

Sit on stage at cafe tables with fellow dance fans for a journey across continents. This vibrant collection of short dance films from Austria, Nigeria, United Kingdom and the USA showcases how movement can tell stories that words cannot.



Stagedoor Live! I Am Not Your Perfect Mexican Daughter

Thursday April 30 at 7:30PM

Literature to Life's latest adaptation of Erika L. Sánchez's young adult novel about identity and expectations comes alive on stage. Co-produced with Freedom Reads, the story follows Julia Reyes, a Chicago high school student, as she navigates trials and tribulations of following her dream of becoming a writer while grieving the death of her sister, Olga – who might not have been quite as perfect as she seemed.



Want to learn to play an instrument, dance, sing, or write and read poetry? Sign up for one of the classes in our Creative Classroom!

A poster for the 'Creative Classroom * SPRING SESSION *'. It features a blue background with silhouettes of people dancing and playing instruments. The text includes '4 STYLES OF DANCE', 'UKULELE FOR ALL SKILL LEVELS', and 'MUSIC AND POETRY'. At the bottom, it says 'CLASSES BEGIN IN APRIL: ENROLL TODAY!' and provides the website 'zeiterion.org' and phone number '508.994.2900'. The Zeiterion New Bedford, MA logo is in the top left corner.

FAIRHAVEN COUNCIL ON AGING

APRIL 2026

Supportive Social Day Program

The Fairhaven Supportive Social Day Program is a structured and supervised program for seniors, in need of socialization while also providing caregivers much needed respite.

Our dedicated staff provides a fun day of activities in a safe and socially stimulating environment maintaining a 1:8 ratio. The staff is CPR, AED & First Aid certified and receive in-service training.

Serving 60 Years old and older, or those who may have cognitive disabilities. Who are independent with eating, ambulation, medication administration, continent and are not an elopement risk.

Residing in Fairhaven, New Bedford, Acushnet, Dartmouth, Marion, Mattapoisett & Rochester.

FOR MORE INFORMATION

Sally Bourke or Debra Chmiel
508.993.9455

Scams & Fraud Awareness

April 21, 2026 9:30am

Presenter:

Joel Ayala -Community Relations & Event
Marketing Specialist - Better Business
Bureau of Eastern Massachusetts

Please call to sign up:
508-979-4029



SRPEDD

Southeastern Regional Planning
& Economic Development District

April 28, 2026 12:30pm

Age Friendly Mobility Southeast Mass

The Age-Friendly Mobility - Southeast Mass Plan will identify needs, priorities, and recommendations for future SRPEDD technical assistance work relating to improvements in older adult mobility across Southeastern Massachusetts' 27 communities. SRPEDD staff will be on site to hear about your transportation and mobility concerns.

Be a part of our Cookbook!

We are creating a Community Cookbook filled with the delicious recipes that make your kitchen—and your heart—happy.

All submitted recipes will be lovingly gathered and turned into the very first Community Cookbook at the Fairhaven Council on Aging! These cookbooks will be available for purchase right here at the COA around the holidays.

You may drop off your recipes handwritten, or typed. You can also include a photo. To submit by email : JBowers@Fairhaven-ma.gov .

Deadline is September 25th.



April 17, 2026
9am-11am

Please call to sign up 508-979-4029



229 Huttleston Ave, Fairhaven, MA 02719



508.979.4029



COA@Fairhaven-ma.gov



508.979.4116

www.Fairhaven-MA.gov





FREE BAY ADVENTURES

APRIL ACTIVITIES

- 4/4 Wildlife Tracking at Beebe Woods, Falmouth
- 4/4 Trail Walk at Four Ponds, Bourne
- 4/9 Itty-Bitty Bay Adventure at The Sawmill, Acushnet
- 4/11 Seal & Seabird Cruise at Cuttyhunk Ferry Company, New Bedford
- 4/12 5K Dog Walk at Beebe Woods, Falmouth
- 4/12 Trail Walk at Beebe Woods, Falmouth
- 4/18 Earth Month Paddle at The Sawmill, Acushnet
- 4/19 Trail Walk at Horseshoe Mill, Wareham
- 4/19 6-Mile Trail Walk at The Bogs, Mattapoisett
- 4/20 Wetlands & Wildlife at The Sawmill, Acushnet
- 4/21 Adventure Ready at The Sawmill, Acushnet
- 4/22 Evening Frog Walk at The Sawmill, Acushnet
- 4/23 Itty-Bitty Bay Adventure at The Sawmill, Acushnet
- 4/24 Nature Photography at The Sawmill, Acushnet
- 4/25 Seal & Seabird Cruise at Cuttyhunk Ferry Company, New Bedford



SCAN
HERE



American
Red Cross



OUTHOUNDS
ADVENTURE & TRAINING ACADEMY

PACE

Struggling to pay your gas bill?

We have programs to help.

For more information on these payment assistance programs and payment plans for residential customers, scan the QR code, visit Eversource.com/billhelp or call us at 866-861-6225.

Scan here for more information.



Fuel Assistance

Provides payment toward your heating bill. Visit Mass211.org or call 2-1-1 to find your local Community Action Agency and apply.

New Start

If you're on a discount rate, New Start can help you pay your past due balance in as little as 12 months. If you make your monthly payments on time, we will subtract some of what you owe each month.

Medical and Financial Hardship Protections

If you or a member of your household has a medical condition or is experiencing a financial hardship, your service may be protected from service shut-off.

Discount Rate

You may be eligible for a 25% discount on your gas bill, if you're receiving public assistance benefits and have a household income at or below 60% of the state median income. See Income Eligibility Guidelines below. Visit Mass211.org or call 2-1-1 to find your local Community Action Agency and apply.

Good Neighbor Energy Fund

May provide additional financial assistance for overdue utility bills. Visit MAGoodNeighbor.org.

Flexible Payment Plans

All customers, regardless of income can pay a past due balance over a period of time.

Energy Efficiency

Visit Eversource.com/home-savings for tips, tools and resources to help make your home more energy efficient and comfortable.

2025-2026 FEDERAL INCOME GUIDELINES

How much money can you make to be at or below 60% of the state median and qualify for financial hardship status?

Household Size	1	2	3	4	5	6	7	8
Income Level Up To	\$51,777	\$67,709	\$83,641	\$99,573	\$115,504	\$131,436	\$134,423	\$137,410



¿Estás teniendo problemas para pagar tu factura de gas?

Tenemos programas para ayudarte.

Para más información sobre estos programas de ayuda y planes de pagos para clientes de servicio residencial, escanea el código QR, visita [Eversource.com/ayuda](https://eversource.com/ayuda) o llámanos al 866-861-6225.

Apunta tu cámara aquí para más información.



Fuel Assistance

Podrías recibir ayuda para pagar tus recibos de calefacción. Visita Mass211.org o llama al 2-1-1 para encontrar tu Agencia de Acción Comunitaria local y aplicar para el programa.

Nuevo Comienzo o New Start

Si estas recibiendo la tarifa de descuento, New Start puede ayudarte a pagar un saldo atrasado en tan solo 12 meses. Al hacer tu pago mensual a tiempo, restaremos parte de lo que debes cada mes.

Protección Medica o Por Dificultad Económica

Si tú o algún miembro de tu hogar tiene una condición médica seria o estás teniendo problemas económicos, podrías calificar para proteger tu servicio contra la desconexión por falta de pago.

Tarifa de Descuento

Podrías calificar para un descuento mensual de 25% en tu factura de gas, si recibes beneficios de asistencia publica y tu ingreso familiar es igual o por debajo del 60% del ingreso promedio del estado. Ve la siguiente Guía de Ingresos. Visita Mass211.org o llama al 2-1-1 para encontrar tu Agencia de Acción Comunitaria local y aplicar.

Good Neighbor Energy Fund

Puede ofrecer ayuda financiera adicional para pagar facturas de servicios públicos vencidas. Visita MAGoodNeighbor.org.

Planes de Pagos Flexibles

Todos los clientes, sin importar sus ingresos pueden pagar un saldo atrasado mediante un plan de pagos a largo plazo.

Eficiencia Energética

Visita Eversource.com/home-savings (en inglés), para sugerencias y recursos que pueden ayudarte a ahorrar energía en tu hogar y hacerlo más cómodo.

GUÍA FEDERAL DE INGRESOS 2025-2026

¿Cuánto dinero puedes ganar para estar dentro o por debajo del 60% del ingreso promedio del estado y calificar para el estatus de dificultad económica?

Tamaño del Hogar	1	2	3	4	5	6	7	8
Nivel de Ingresos de Hasta	\$51,777	\$67,709	\$83,641	\$99,573	\$115,504	\$131,436	\$134,423	\$137,410



LEARN FROM A LOCAL Certified Expert:

Presented by: David Tourillott, CRMP

David is currently one of only 209 Certified Reverse Mortgage Professionals nationwide with 20 years of experience in the industry.

DATE: WEDNESDAY, April 15th

TIME: 4:30 PM

REGISTRATION and REFRESHMENTS 4:00 -4:30 PM

David will discuss Reverse Mortgage pros and cons, misconceptions, how to use a reverse mortgage as a tool to age in place and well as offer other useful information.

Please call the Westport Council on Aging to reserve your seat.

508-636-1026



Walt's 4th Annual Essential Women's Event-New Bedford

**Where: First Unitarian Church New Bedford
71 Eighth Street, New Bedford**

When: Saturday, MAY 9th 11:00-1:00

**Join us for this Annual Event Supporting
UnderServed Women In Our Communities.**

**Walt's Mobile Closet will have women's gently used
clothing, shoes, bras, toiletries, and jewelry. We will
also be handing out our gently used purses that are
filled with self care items. Come shop for FREE!**

**Loads of community resources also available
focused on women's issues.**

**Questions? Email
waltsmobilecloset@gmail.com**